

# Herrick Primary - Week 1

Paul

 Cereals Containing Gluten

 Peanuts

 Tree Nuts

 Milk

 Eggs

 Crustaceans

 Fish

C Celery and Celeriac

 Soya and Soya Products

S Sesame Seeds

 Molluscs

 Mustard

L Lupin

 Sulphites

 GM Foods

Vegetarian

Vegan

Gluten Free

|            | Monday                                                                                                                                                                                                                                                                                                                                             | Tuesday                                                                                                                                   | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                                                                | Thursday                                                                                                                                                                                                                                                                                 | Friday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
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| Main Meals | <div><div>Chicken Tikka Pizza Rectangle (Base)</div><div>Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Milk</div><div>May Contain:</div><div>Modifiers:</div></div> | <div><div>Turkey Chilli Con Carne - Allergy Free - Halal</div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div> | <div><div>Turkey Lasagne - Halal (EF)</div><div>Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Milk</div><div>May Contain:  Soya and Soya Products</div><div>Modifiers:</div></div> | <div><div>BYO - Southern Fried Chicken Goujons Wrap</div><div>Does Contains:  C Gluten (Wheat), Cereal Containing Gluten, Celery and Celeriac</div><div>May Contain:</div><div>Modifiers:</div></div> | <div><div>Fish Fingers KS2</div><div>Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Fish</div><div>May Contain:</div><div>Modifiers:</div></div> <div><div>Fish Fingers KS1</div><div>Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Fish</div><div>May Contain:</div><div>Modifiers:</div></div> |
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|                  | Monday                                                                                                                                                                                                                                                                                                                                                                                                                                               | Tuesday                                                                                                                                                                                                                                                                                                                           | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Thursday                                                                                                                                                                                                                                                                                                                                           | Friday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
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| Vegetarian Meals | <div><div><b>Cheese &amp; Tomato Pizza - Rectangle</b> </div><div>Does Contains:  <br/>Gluten (Wheat), Cereal<br/>Containing Gluten, Milk</div><div>May Contain:</div><div>Modifiers:</div></div> | <div><div><b>Vegetarian Chilli Con Carne (VG)</b> </div><div>Does Contains: <br/>Soya and Soya Products</div><div>May Contain:</div><div>Modifiers:</div></div> | <div><div><b>Vegetarian Lasagne (EF)</b> </div><div>Does Contains:   <br/>Gluten (Wheat), Cereal Containing<br/>Gluten, Soya and Soya Products, Milk</div><div>May Contain:</div><div>Modifiers:</div></div> | <div><div><b>BYO - Falafel Wrap (VG)</b> </div><div>Does Contains: <br/>Gluten (Wheat), Cereal<br/>Containing Gluten</div><div>May Contain:</div><div>Modifiers:</div></div> | <div><div><b>Quorn Nuggets KS1 (VG)</b> </div><div>Does Contains: <br/>Gluten (Wheat), Cereal<br/>Containing Gluten</div><div>May Contain:</div><div>Modifiers:</div></div> <div><div><b>Quorn Nuggets KS2 (VG)</b> </div><div>Does Contains: <br/>Gluten (Wheat), Cereal<br/>Containing Gluten</div><div>May Contain:</div><div>Modifiers:</div></div> |
|                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |

|              | Monday                                                                                                                                                                                                                                                                                                                                                                                                                         | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Thursday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Friday                                                                                                                                                                                                                                                                                                                                                                                                  |
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| Sides        | <div><div><b>Side Salad (VG/GF/DF)</b> </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div> <div><div><b>Skin On Spicy Potato Wedges (VG)</b> </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div> | <div><div><b>50/50 Rice (VG)</b> </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div> <div><div><b>Sweetcorn (VG)</b> </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div>                                                                                  | <div><div><b>Garlic Bread / Garlic Slice / Garlic Flatbread</b> </div><div>Does Contains: </div><div>Gluten (Wheat), Cereal Containing Gluten</div><div>May Contain:   </div><div>Gluten (Barley), Gluten (Rye), Gluten (Oats), Soya and Soya Products, Milk</div><div>Modifiers:</div></div> <div><div><b>Peas (VG)</b> </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div> | <div><div><b>Salad Sticks (VG)</b> </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div> <div><div><b>Diced Potatoes (VG)</b> </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div>                                                                                                                      | <div><div><b>Chips (VG)</b> </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div> <div><div><b>Baked Beans (VG)</b> </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div> |
| Third Option | <div><div><b>Jacket Potato (VG)</b> </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div> <div><div><b>Side Salad (VG)</b> </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div>                   | <div><div><b>Twisty Pasta (VG)</b> </div><div>Does Contains: </div><div>Gluten (Wheat), Cereal Containing Gluten</div><div>May Contain: </div><div>Gluten (Barley), Gluten (Rye), Gluten (Oats)</div><div>Modifiers:</div></div> | <div><div><b>Jacket Potato (VG/GF/DF)</b> </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div> <div><div><b>Jacket Potato Baked Beans Topping (VG/GF/DF)</b> </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div>                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | <div><div><b>Side Salad (VG)</b> </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div> <div><div><b>Jacket Potato Grated Cheese Topping</b> </div><div>Does Contains: </div><div>Milk</div><div>May Contain:</div><div>Modifiers:</div></div> | <div><div><b>Side Salad (VG/GF/DF)</b> </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div>                                                                                                                                                                                             |

|  | Monday                                                                                                                                                                                                                                                                                                                                  | Tuesday                                                                                                                                                                                                                                                                                                                                        | Wednesday                                                                                                                                                                                                                                                                                                                                   | Thursday                                                                                                                                                                                                                                         | Friday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
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|  | <div><div><div><div>Jacket Potato Grated Cheese Topping </div><div>Does Contains: </div><div>Milk</div><div>May Contain:</div><div>Modifiers:</div></div></div></div> | <div><div><div><div>Twisty Pasta Topping - Tomato Sauce (VG/GF) </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div></div></div>                                                                                                 | <div><div><div><div>Jacket Potato Grated Cheese Topping </div><div>Does Contains: </div><div>Milk</div><div>May Contain:</div><div>Modifiers:</div></div></div></div> | <div><div><div><div>Jacket Potato (VG) </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div></div></div>                          | <div><div><div><div>Twisty Pasta (VG) </div><div>Does Contains: </div><div>Gluten (Wheat), Cereal Containing Gluten</div><div>May Contain: </div><div>Gluten (Barley), Gluten (Rye), Gluten (Oats)</div><div>Modifiers:</div></div></div></div> |
|  | <div><div><div><div>Jacket Potato Grated Cheese Topping (VG) </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div></div></div>                                                                                             | <div><div><div><div>Twisty Pasta Topping - Grated Cheddar (GF) </div><div>Does Contains: </div><div>Milk</div><div>May Contain:</div><div>Modifiers:</div></div></div></div> | <div><div><div><div>Jacket Potato Grated Vegan Cheese Topping (VG/GF/DF) </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div></div></div>                                                                                   | <div><div><div><div>Jacket Potato Baked Beans Topping (VG) </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div></div></div>      | <div><div><div><div>Twisty Pasta Topping - Tomato Sauce (VG/GF) </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div></div></div>                                                                                                                                                                                                                                                         |
|  | <div><div><div><div>Jacket Potato Baked Beans Topping (VG) </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div></div></div>                                                                                               | <div><div><div><div>Twisty Pasta Topping - Vegan Grated Cheddar (VG/DF) </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div></div></div>                                                                                         | <div><div><div><div>Side Salad (VG/GF/DF) </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div></div></div>                                                                                                                  | <div><div><div><div>Jacket Potato Grated Cheese Topping (VG) </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div></div></div>    | <div><div><div><div>Twisty Pasta Topping - Grated Cheddar (GF) </div><div>Does Contains: </div><div>Milk</div><div>May Contain:</div><div>Modifiers:</div></div></div></div>                                                                                                                                                       |
|  | <div><div><div><div>Jacket Potato Tuna Topping</div><div>Does Contains: </div><div>Fish</div><div>May Contain:</div><div>Modifiers:</div></div></div></div>                                                                                          | <div><div><div><div>Side Salad (VG/GF/DF) </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div></div></div>                                                                                                                     | <div><div><div><div>Jacket Potato Tuna Topping</div><div>Does Contains: </div><div>Fish</div><div>May Contain:</div><div>Modifiers:</div></div></div></div>                                                                                            | <div><div><div><div>Jacket Potato Tuna Topping</div><div>Does Contains: </div><div>Fish</div><div>May Contain:</div><div>Modifiers:</div></div></div></div> | <div><div><div><div>Twisty Pasta Topping - Vegan Grated Cheddar (VG/DF) </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div></div></div>                                                                                                                                                                                                                                               |

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|  | <div><div><div><div>Fruit - Banana (VG) </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div><div><div>Strawberry Flapjack </div><div>Does Contains:  <br/>Cereal Containing<br/>Gluten, Gluten (Oats),<br/>Sulphites</div><div>May Contain: <br/>Gluten (Barley), Gluten<br/>(Wheat)</div><div>Modifiers:</div></div></div></div> | <div><div><div><div>Fruit - Apple (VG) </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div><div><div>Apple Cinnamon Swirls (EF) </div><div>Does Contains: <br/>Gluten (Wheat), Cereal<br/>Containing Gluten</div><div>May Contain:   <br/>Soya and Soya Products,<br/>Lupin, Mustard</div><div>Modifiers:</div></div></div></div> | <div><div><div><div>Fruit - Banana (VG) </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div><div><div>Fruit - Grapes (VG) </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div></div></div> | <div><div><div><div>Fruit - Banana (VG) </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div><div><div>Fruit - Grapes (VG) </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div></div></div> | <div><div><div><div>Mango Sorbet (VG) </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div><div><div>Fruit - Grapes (VG) </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div><div><div>Fruit - Apple (VG) </div><div>Does Contains:</div><div>May Contain:</div><div>Modifiers:</div></div></div></div> |